

crossroadsantigua.org

TOLL-FREE from the United States and Canada: 1-888-452-0091
TOLL-FREE from United Kingdom: 0-800-783-9631
Direct to Antigua: 1-268-562-0035

CROSSROADS
CENTRE ANTIGUA



CROSSROADS
CENTRE ANTIGUA



An international centre for healing



Located on the shores of Willoughby Bay on the island of Antigua, overlooking the Caribbean Sea, Crossroads Centre serves as an international residential program for the treatment of addiction. The mission of the Centre, founded by music legend, Eric Clapton, is to provide programming of the highest quality and integrity, while optimally supporting the dignity of individuals and their families suffering from the effects of alcohol and other drug addictions.

Our approach to helping those beginning their journey to recovery emphasizes healing of the body, mind, and spirit, within a twelve-step foundation. This focus enables clients to experience a full range of traditional and alternative therapies. Yet, as a non-profit entity, we strive to keep the cost of care as available to as many as possible.

The cornerstones of a new beginning at Crossroads Centre Antigua include:

- Optimal anonymity for treatment provided by our island location. Transportation is easily accessible through non-stop flights from major US and European cities. Upon arrival, clients are greeted at the airport by our staff.
- A beautiful, tranquil and serene environment that is secluded for privacy, and takes advantage of our waterfront location.
- Medically supervised detoxification under the care of registered nurses in a calm, separate suite within the facility.
- Psychiatric evaluation is included, and ongoing follow-up is available to address co-occurring issues.
- Highly skilled medical professionals, including our full-time internist, and US-trained master's level counselors with diversified experience in guiding those with addiction through the process of a new beginning in recovery.
- A focus on twelve-step principles to foster abstinence-based recovery, and help the client integrate into an active support system upon discharge from residential treatment.
- A complementary focus on healing the body, mind, and spirit through the use of acupuncture, yoga, recreational therapy, spirituality groups, nutritional evaluation, and other experiential modalities of treatment.
- Family support and education through a four day on-site program that fosters healing of relationships that have been compromised.
- Warm, caring staff that offer ongoing encouragement throughout the initial treatment phase, and beyond, including direct alumni support.

