

Sober Antigua Friends

Online Support Group

Date: Monday, Wednesday, and Friday

Time: 10:00 AM Atlantic Standard Time (US and Canada)

Email soberaf20@gmail.com to receive meeting ID and password

You may either copy and paste the link into your web browser, or go to [zoom.com](https://zoom.us) and enter the meeting ID and password. You do not have to sign up for a zoom.com account. Simply enter <https://zoom.us/>, click on “Join a Meeting” in the upper right corner, and enter the meeting ID and password.

You will initially be muted, and your video will be turned off. Each individual will have the option to turn on their own video and audio at their own discretion.

If you have any questions, please contact Sandra McCoy at smccoy@crossroadsantigua.org or call [+1 \(260\) 252 0422](tel:+12602520422) Ext: 5008